

Saint Paulien

Haute-Loire

14th , 15th and 16th of August 2009

Press Information

FREE ENTRY

CEI*** FEI MASTER

International
endurance
competition



160 km - 130 km - 90 km - 60 km - 40 km - 20 km
Amateurs - Professionnels - Clubs



CONSEIL GÉNÉRAL
Haute-Loire

CONSEIL RÉGIONAL
AUVERGNE

CA
LOIRE HAUTE-LOIRE



Communauté de Communes
des Portes d'Auvergne



View of the Grounds




 Horse box parking and assistance vehicles

 Grooming area

 Vet gate

 Boxes

 Bar and restaurant

 Exhibitors village

 Paddocks

 Visitors' parking



Saint-Paulien 2009

For the first time in the Haute Loire and in Auvergne an **international endurance competition** is to be organised, bringing together the best riders in France and the world.

Endurance riding is an entirely different sport:

It is a real discipline: **the second biggest in the French Equestrian Federation**. No other equestrian competition sport brings together man and horse for such a long time. Endurance riding is a story of the bond between man and horse, horse and man.

France is currently the country leader in endurance at world level by the importance and quality of its teams. Its awards are outstanding and unequalled.

This competition will enable competitors to show the best of their capabilities and for the volunteers and organisers to show their efficiency and their engagement in providing such a prestigious event in a welcoming, sportive and tourist community.

All this is in a wonderful atmosphere of friendliness and sporting spirit.

Endurance courses organised in French towns (Florac, Compeigne, Saintes Maries de la Mer, Uzes) attract hundreds of participants and their followers and several thousand spectators. For the first time in the Haute Loire and in Auvergne an international course will be organised with national, regional and departmental media coverage.





International endurance competition

Discipline : **Endurance riding**

Fédération Française d'Equitation



Place: **SAINT-PAULIEN**

Départure: **43 Haute-Loire**

Country: **France**

Date: **du 14 au 16 août 2009**

Niveau de compétition: **International - National - Interrégional - Régional**

Number of competitions: **3 régional: 20 km - 40 km - 60 km + club**

2 national: 90 km - 130 km

3 international: 90 km - 130 km - 160 km

Fédération Internationale d'Equitation



Further information

Number of competitors expected: 200 with 30 from abroad.

Age categories: 14-65

Number of judges, officials: 25

Number of competitions: 3 regional,
2 national,
3 international

Do you need to pay to enter: **yes**

Public expected: amateurs, specialists and professionals

Free entry

Number of spectators estimated: between 2500 and 3000 people

Economic benefits: Competitors staying in local accommodation: around 500

Number of nights: 1-5

Food providers/restaurants

Items bought(food, petrol, various purchases)

Veterinary consultations

Exhibitors village (local products, wine, equestrian products, saddler (Gaston Mercier) Trailers (Ifor Williams), Suzuki and Volvo cars, Local tourism committee

Countries represented: Riders from Spain, Belgium, Italy, Brasil, Portugal, Scotland and Morocco.

Number of volunteers: about 60



Endurance riding

The origins of endurance riding

Created by the American pioneers and by the riders of the pony express endurance isn't a new sport. But it is an equestrian discipline which is relatively recent. Modern endurance riding started in the USA with the creation in 1955 of the Tevis Cup, a course of 100 miles (150km) starting from Squaw Valley in Nevada to Auburn in California.



What is endurance riding

An endurance horse is tested over long distances up to 160 kilometres without a limit on speed. The rider needs to look after the horse and the effort it is taking over the whole distance. Since the end of **the 70's** endurance riding has really taken off in European and Arabian countries.

Endurance riding is an equestrian sport which brings together the pleasure of competing with a deep knowledge of your horse. It consists of undertaking a given distance on varying terrain while maintaining the horse in good condition. The fact of having to know the horse leads to a respect of the horse from the rider.

Endurance riding is one of the six international disciplines agreed by the FEI. Practiced in open country with a respect for the animal, endurance is the equestrian discipline which has had the biggest growth.

Accessible to everyone, no matter what the age of the rider or the breed of horse, a family and a countryside sport, it has become in few years **the second biggest equestrian discipline in France**.

The first tests are over small distances: 20,30,40 kilometres up to national tests for 130km and longer: 160 km in one day or 200kms in 2 days.

No matter what the distance no competition is run without veterinary controls. The aim is to win with the horse in good health.

Endurance riding means having a very good knowledge of the horse. In effect, few relationships between horse and man are as intense as those who are together after having run together for several hours over distances up to 160 km.....



How an endurance competition works

Arrival Pack.

The dossier in which there is the itinerary, veterinary card which has to be presented at each control point, the way markers, the presence of difficult areas and the exact number of kilometres to do which allows the rider to calculate in advance how long it will take and when they will finish. During the day the vets carefully monitor the state of the horse.

The initial veterinary control.

The rider presents himself to the control with the horse's identification papers (with up to date vaccinations) and the veterinary card for the competition. The vet verifies the horse's paces as it does 30 metres there and back of trot and notes the heartbeat at rest and the general condition of the horse.

On the itinerary.

The rider tries to maintain a regular gait so that the horse finds this less stressful than making a big effort and then resting.



Endurance riding

The assistance team

At each point the team lets the horse drink and if necessary wets the horse to cool it down. This is done as regularly as possible.

Intermediate vetgate during the first half an hour during the hour rest the vet monitors the recovery of the horse: its heartbeat, possible dehydration, colour of its mucous membranes, rate of breathing, legs and back, and its gait (symmetry, suppleness and regularity) These are all notes on the vet card of the horse.





Endurance riding



Endurance is an equine discipline of riding with a horse for long distances between 20 and 160 kilometres in a day or 200 kilometres in two days.

The objective is to take the horse as far as possible while still keeping it physically healthy.

Veterinary controls are undertaken in regular intervals during the course as a method of guaranteeing the health of the horse. If there is the least concern the horse is prevented from continuing. It is not a question of going hell for leather but of nursing the full potential of a horse throughout the whole course.

Of course, to succeed in such distances the horses are first chosen for their physical qualities in relation to endurance and then are trained and prepared just like **marathon runners**.





Programme

Wednesday 12 August: 14 h 00 Welcome for the riders

Thursday 13 August: 14 h 00 vet controls in the box CEI *** 160km

16 h 00 trot up

16 h 30 weighing of the rider

18 h 00 briefing and welcome aperitif offered by the municipality of **Saint-Paulien**

Friday 14 August : 06 h 00 160 km*** competition starts

16 h 00 vet controls in the box cei**130 km and CEN**130 km

18 h 00 trot up

18 h 30 weighing of the rider

19 h 00 briefing and welcome aperitif offered by **UDIVEL**

Saturday 15 August: 07 h 00 CEI 130 km ** et CEN 130 km ** competition starts

16 h 00 vet controls in the box CEI*90 km et CEN* 90 km -90 km VI
20 km - 40 km - 60 km

16 h 30 weighing of the rider 70 kg CEI**90 km et CEN*90 km

18 h 00 trot up

20 h 00 gala dinner with dancing, prize giving

CEI***160 km - CEI**130 km CEN**130 km

Dimanche 16 août : 07 h 30 CEI*90 km - CEN*90 km - 90 km VI competition starts

09 h 00 60 km competition starts

11 h 00 20 km - 40 km competition starts

18 h 00 prize giving

CEI**90 km

CEN*90 km

90 km VI

60 km - 40 km - 20 km

